

Irvine Community Nursery School
General Meeting Minutes
Thursday, October 20th, 2016

1ST VP: Selena

Introduction of Guest Speakers:

Megan Feist□, Speech and Language Pathologist and □Daisy Ko□, Occupational Therapist
(see notes below)

BREAK

WAYS AND MEANS: Wende

Alumni Event Fundraiser Success: Thank you, Crystal and Selena!

Julian Pie Fundraiser

Pie it Forward to Families Forward Thanksgiving Drive

Deadline to order pies and give payment – 10/27 thurs. 12pm

Where and when to pick up your pies? 11/5 Sat. between 2 and 3pm

- 4782 Karenann (google: el camino real elementary school, Presley park)
- if you can't pick up yourself, ok to send someone to pick up on your behalf
- let's beat last year's stats - 30 donated pies, total ~450 pies!
- pie it forward – our kids get to go & serve these pies around thanksgiving

CLEANING SCHEDULER: Yonna

Saturday, October 22nd from 8am-noon

FIELD TRIP COORDINATOR: Pritti

Upcoming field trips

- November 8 & 9 – big walk to lamppost pizza & pick up child from there at 11:30am
 - welcome to walk with them, leave here ~10:15am
 - 4 working parents will go down there 1st & hitch ride back w/ ms. donna
 - no charge for this field trip
- December – cookie decorating at ms. donna's house. details to come

HOLIDAY PARTY: Colleen

Saturday, December 3rd at Turtle Rock Community Center 10am-12pm (place booked 8a-1p)

- evite to come, family members are welcome; gifts will be given to small kids
- alumni – extended family/good friend who's close to your family (grandparents, aunts/uncles, are all welcome)
- pls respond early so can plan appropriately

Introduction of committee: Colleen (lead), Elizabeth and Tracy, Anne-Marie, Annwen

Theme – Mary Masquerade; kids can make animal masks

Performance – Carnival of the Animals

Sign up for items/jobs needed

- donuts to be donated by dunkin donuts
- plates/cups – need 300-400
- need nomination for santa claus

HOLIDAY PARTY RAFFLE AND SILENT AUCTION: Anne-Marie and Annwen

- Nonprofit letter passed around for us to solicit from our contacts
- Cutoff: Next general meeting: pls bring any items you can donate

Donations

Other items needed to complete baskets

FAMILY PHOTOS: Kevin

Introduction of photographers

pricing: evelyn \$279 50x edited photos, book, electronic files

jeff west \$120 for 30-min session for 15x edited image files

- lots of time spent editing photos so if want for xmas cards better book early

MS. Donna

- Hop To It Award: Sara Willis. created barn area & baby dolls
- Lost & Found – check before you leave
 - if you have spare clothes to donate pls replenish (3T – 5T)

Halloween Costume parade

- 10/27 (H) and 10/31 (M) – bring or wear costume (if doesn't inhibit their play)
- ok if doesn't want wear costume; if don't have one can use the stash at school
- no candy
- ms. donna will be away visiting parents (90 and 92yo)

Parent/Teacher Conference – need return ASQ form; conference on nov. 14/15

Stone Soup, November 17th-18th

- annual tradition – every child contributes a veg & we make soup
- equivalent to our thanksgiving celebration
- yellow parent on that day will make soup w/ ms. donna's recipe
- need pumpkin pie donations to go w/ soup

Save the Date for Camping Trip: Saturday, May 6th to Sunday, May 7th, 2017

Vote on cost for a new shed /Vote on Minutes from September's general meeting

- kathy made motion, crystal second. all in favor. motion carried

Please be mindful to keep facility clean

3-day class - Moving to 12pm class ending time starting Dec. 1

Approval of Minutes from Sept. gen. mtg

- nick motioned, kathy second. all in favor. motion carried.

Meeting adjourned at 9:30pm

SPEAKERS

Megan Feist

- if you can say the words “speech pathologist” you probably don’t need one
- babies - when we talk/smile back, it’s important for them to learn two-way communications
- after 1 year, lots of babbling – pick up vocabulary really quickly from 1-3 y.o.
- after you say something, give them 8 seconds to respond b/c their brains take time to process language
- try not to ask “what’s that?”

Q&A

- Q: how to know when a child should seek professional help?
 - ms. donna – can’t understand preschoolers – switch sounds etc.
- A: when you notice child is not imitating; or compare them against their peers
 - between 2-3, want to understand 50-70%
 - between 3-4, want to understand 75%
 - beyond 4 year old, should understand everything
 - but be mindful there’s a range, so it’s majority of kids not absolute
- Q: how to coach child to practice the sound w/o correcting them every time they utter say, S sound
- A: find a list of S words, walk around the room & write down every word that comes to mind
 - don’t give child too much pressure, still want make talking a positive experience
- Q: 2 y.o. still not talking – is it cause for concern
- A: want give 2 y.o. to get as much language as he can get, rather than wait and see
- Q: bilingual child – primary language annunciates fine, but can’t speak English clearly
- A: 2nd language didn’t get exposed until past age 2; should be fine will eventually catch on, depends on amount of exposure to 2nd language
- Q: when to know if stuttering
- A: between 2 & 3, typical to have lots of repetitions. after 3 if still having extensive repetitions or sense some tension
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Daisy Ko

picky eaters

- they may suddenly not want the foods they always loved
 - let them have input in how to prepare it
- is there a pattern to what they will vs. wont eat
- provide a variety of temperatures
- present it to them but not force it to them
- reward them for trying something new
- eating should be a positive experience
- relax, give them choices, make it a positive experience

feeding problems

- child has issues eating foods of a certain consistency
- expand their palette – sour, a bit of spices, etc.
- vegetable – reward any attempt to at least try it
 - not too much pressure
 - presentation – make it different
 - put some cheese on it, ranch, salsa

tactile exposure, movement

- tactile – sense of touch, getting them comfortable w/ being messy
- encourage them to play w/ their food – appropriate food play
 - if it's something new, let them touch w/ fingers
 - if they won't touch it, there's no way they'll eat it
- try your best not to wipe their hands off all the time
 - let them wipe on table (?!), just enough for them to feel better
 - they're just trying to clean their tactile senses
 - or give them some water to clean hands
- same w/ mouth, don't wipe right away
 - ok to give them a napkin to wipe themselves
 - can give them the tissue to clean it
 - they just want to feel clean, even if they don't wipe well
- strongly recommend kids to get down to their hands & knees
 - many kids skip the phase & start walking; but should still get them down
 - strengthening arms & hand arches
- around age 4, get them extensively in arts & crafts
 - expose children to writing utensils before 2; same w/ fork and spoon
 - use various media to expose them to diff tools

hyper-sensitivity to sound

- common for child to be sensitive up to age 5 – vacuum cleaners, horn
- always comfort them, then go back to the situation & help them prob-solve
- when they're older, help them associate the sound to actual reality
 - let them play w/ vacuum cleaner when it's not on
- therapists – blow up balloon & pop them on purpose
- try white noise to train over-sensitive child, teach them to drown it out
 - need try it before the stimulus happens

Q&A

- Q: pencil-holding position not precise, how to try changing
- A: rubber band to keep pencil down & child has to keep pencil upright; hold a wad of tissue & have child hold tissue while holding onto pencil
- Q: what age should we start correcting pencil grip?
- A: generally 2.5 – 4 y.o.
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